



GUIDELINE

Cardiac: Care Post Cardiac Catheterisation

Scope (Staff):	Nursing and Medical Staff
Scope (Area):	NICU KEMH, NICU PCH, NETS WA

Child Safe Organisation Statement of Commitment

CAHS commits to being a child safe organisation by applying the National Principles for Child Safe Organisations. This is a commitment to a strong culture supported by robust policies and procedures to reduce the likelihood of harm to children and young people.

This document should be read in conjunction with this [disclaimer](#)

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Aim

To outline the management of the neonate post cardiac catheterisation. Provide specific care to infants to reduce the risk of complications. Includes infants returning to NICU following Cardiac Catheter /Diagnostic and Interventional Procedures:

- Balloon Atrial Septostomy to enlarge or create atrial septal defect.
- Pulmonary Valve Ballooning for Pulmonary Stenosis.
- Aortic Valve Ballooning for Aortic Stenosis.
- Coarctation of Aorta Ballooning.
- Insertion of PDA stent

Risk

Failure to follow this guideline may lead to adverse outcomes for the neonate.

Background

Cardiac Catheterisation refers to the passage of a fine tube into the heart chambers through a vein or an artery, usually from the right femoral area, although often the umbilical vessels are used. In infants with congenital heart disease, the femoral approach permits movement of a catheter into the left side of the heart through a patent foramen ovale, an atrial septal defect or a ventricular septal defect.

This procedure allows blood samples and pressure measurements to be obtained from within the various chambers of the heart. This provides information about the effects of the heart problem on the function of the heart and lungs.

Catheter manipulation is performed under fluoroscopy with image intensification to reduce radiation exposure. This is undertaken in the cardiac catheter laboratory (Balloon atrial septostomy is usually performed at the bedside with echocardiographic guidance only).

Interventional cardiac catheterisation is directed at avoiding surgery with all its associated risks, wounds and lengthy hospitalisation. Procedures of this type may be used to stretch open a narrow valve or blood vessel, by using a catheter with an inflatable balloon. Alternatively, a tiny 'spring' coil may be inserted to block off an abnormal and unwanted blood vessel or an expanding plug may be placed to close a hole such as an ASD or VSD.

Post Cardiac Catheterisation Care

On collection of the infant from the Cardiac Catheter Laboratory, ensure the following information is ascertained at Handover:

- What procedure has been performed - either diagnostic or interventional catheterisation.
- The findings of the catheter procedure.
- Location of vascular access e.g. Right or left femoral, jugular or subclavian neck access or umbilical access.

- Review the puncture site(s) and check if there is any bleeding or haematoma.
- Ascertain presence of distal pulses to the puncture site.
- What medications have been administered to the infant.
- Any complications that may have been experienced.
- Vital signs i.e. Heart rate, respiratory rate, blood pressure, oxygen saturations.

On return to 3B PCH:

- Monitor vital signs and peripheral pulses. Document on the Neonatal Observation Chart (MR489/491) and Lower Limb Neurovascular Assessment Chart (MR868.02)

Monitoring and Observations

Check the following:	Interval times:
Respiratory <ul style="list-style-type: none"> ● Oxygen saturation ● Respiratory pattern/Rate 	<ul style="list-style-type: none"> ● 15 minutes for 1 hour ● 30 minutes for the 2nd hour ● 1 hour for the 3rd and 4th hour ● 2-4 hourly until stable
Circulatory/Vascular <ul style="list-style-type: none"> ● Check puncture site(s) for bleeding or haematoma ● Presence or absence of distal pulses ● Peripheral perfusion / Capillary refill 	
Renal - Urine Output	
Distended Abdomen	
Level of Consciousness	

Complications

Cardiac catheterisation can lead to serious complications but the risk of a major complication during diagnostic cardiac catheterisation is less than 3%.

Catheter Insertion Site Haemorrhage and/or Haematoma

Bleeding is the most common vascular complication. It may result in a local haematoma of little clinical significance. However, severe blood loss may develop if bleeding occurs in the retroperitoneal space. Symptoms include oozing or bleeding from puncture site or development of haematoma. Unexplained hypotension and a decreasing haematocrit level should suggest the possibility of a retroperitoneal haematoma.

Action: Manual compression directly onto puncture site. Alert medical staff. Compression should be sufficiently applied to stop bleeding, however, not too much as to stop blood flow to distal limb. Bleeding should subside within 5-10 minutes.

Insertion Site Occlusion

Arterial:

Symptoms include a slow, faint pulse or absent pulse distal to the insertion site, loss of warmth, sensation, and colour.

Action: Advise medical staff IMMEDIATELY, as the child will require medical intervention. Use of Doppler can be considered to ascertain blood flow; however, this should follow medical assessment.

Venous:

Symptoms include localised swelling and increase in pain scores.

Action: Elevate affected limb.

Arrhythmias

Atrial or ventricular premature beats, brief episodes of supraventricular tachycardia are common and can occur as a result of mechanical irritation by the catheter to the cardiac tissue. They are usually transient and resolve without treatment. Ventricular tachycardia or fibrillation is a rare occurrence but requires prompt defibrillation.

Action: Advise medical staff IMMEDIATELY as the infant may become compromised by the arrhythmia. Have printing module on hand so that any irregularities can be recorded.

Cardiac Tamponade

May result from perforation to cardiac walls by catheter. Symptoms include decreased blood pressure, tachycardia, tachypnoea, cold clammy skin, decreased oxygen saturation, cardiac arrest.

Action: This is a MEDICAL EMERGENCY. Medical staff intervention is required for a pericardial tap or for insertion of an ICC. Call a CODE BLUE if medical team not present.

Anaphylactic Reactions to Contrast Medium

This can cause inflammation of the lung and heart which further reduces the mixing of oxygenated air through the holes in the babies' heart. It may present with increased respiratory distress, GI upset, tachycardia, rash, oedema/swelling or cardiorespiratory collapse.

Action: THIS IS A MEDICAL EMERGENCY. If suspected, notify medical team immediately. Treatment may include IM adrenaline, and sometimes intensive resuscitation. Call a CODE BLUE if medical team not present.

Pseudoaneurysm

Is a potential cause of important femoral bleeding and must be recognized. A pseudoaneurysm develops if a connection persists between a haematoma and the arterial lumen. It presents as a pulsatile mass, sometimes with a systolic bruit. The

diagnosis is confirmed by ultrasound. Management often is conservative, using prolonged compression.

Action: Notify the medical team, who may request an ultrasound.

Cerebral Vascular Accident

A stroke may not always be apparent during the procedure. The first symptoms may develop hours after the procedure is completed when debris loosened from the procedure finally break free and embolise.

Action: Notify the medical team, who should review the infant and may organise intracranial imaging.

Stent blockage

A stent may become blocked. In the setting of a PDA stent inserted in a duct-dependent circulation, this is a medical emergency as the pulmonary circulation is dependent on the ductus. Signs may be acute desaturation, lactic acidosis, cardiovascular collapse, etc.

Action: This is a MEDICAL EMERGENCY. If suspected notify medical staff and cardiology team urgently. Call a CODE BLUE if medical team not present.

Related CAHS internal policies, procedures and guidelines

[Recognising and Responding to Clinical Deterioration](#)

References and related external legislation, policies, and guidelines

1. Indications for cardiac catheterization and intervention in pediatric cardiac disease: A scientific statement from the American Heart Association. Feltes TF, Bacha E, Beekman RH, Cheatham JP, Feinstein JA, Gomes AS et al. Circulation 2011;123:2607-52
2. Comparative risk of cardiac catheterisations performed on low birth weight neonates. Mobley MM, Strop ER, Kaine SF. Cardiology in the Young 2013;23:722-726

This document can be made available in alternative formats on request.

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