



CLINICAL GUIDELINE

Home Apnoea Monitoring Referral Process

Scope (Staff):	Nursing and Medical Staff
Scope (Area):	NICU KEMH, NICU PCH, NETS WA

This document should be read in conjunction with this [DISCLAIMER](#)

Home Apnoea Monitoring Referral

- Apnoea monitors are provided for home use if a newborn infant born at KEMH has a family history of SIDS.
- Apnoea monitors are available from the Home Monitoring Clinic at Perth Children's Hospital, located in the Outpatients Department.
- The apnoea monitor is for **home use** only and applied by the parents/carers.

Approximately one week before discharge:


- A Consultation Report and Request form (MR035) is required to be completed and faxed to the Home Monitoring Clinic on 6456 2064.
- After the consult has been sent, the Coordinator for the Home Monitoring Clinic is required to be contacted on 6456 5671.
- An appointment will be arranged by the Coordinator for the Home Monitoring Clinic – usually available within two days.
- A nurse in the Home Monitoring Clinic will be responsible for providing education to parents/carers regarding use of the monitor. It is advisable to have the appointment and education as close to discharge as possible.
- The monitor and consumables will be given to the parent's/carers by the nurse in the Home Monitoring Clinic.
- KEMH nursing staff are required to provide CPR education to the parents/carers prior to discharge.

PLEASE NOTE:

- **An appointment will be booked with the Consultant, Monitoring Clinic approximately 4 – 6 weeks post discharge of the patient.**
- Monitors are warning devices only.
- In some situations where a baby is cyanosed, the monitor will not be triggered if there is chest or abdominal movement present.
- The monitor can be connected by the parents/carers to the patient for mothercrafting, however is not required to be connected in the Special Care Nursery.

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