



Respect

## Bladder and Bowel Diary

\*Send completed charts to enuresis&continence.pch@health.wa.gov.au

	URINE OUTPUT			FLUID INTAKE		BOWEL FUNCTION	
Date & Time	Volume Voided (mls) (how much did you need to wee?)	Urge to Wee (busting, normal or no urge?)	Pants/ Clothes (dry, damp, wet or soaked)	Time (of drink)	Amount and Type of Drink	Record Day and Times That You Have Passed Poo in the Toilet and What Sort of Poo it Was (see chart)	Other Comments

Compassion Excellence Collaboration Accountability Equity





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