

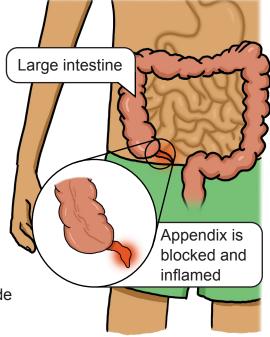


### Keeping our mob healthy

# Appendicectomy (A-pen-di-sec-toe-me)

Discharge advice when going home

Appendicectomy is a common emergency surgery to remove the appendix when it's infected (appendicitis). Bub will have either a small cut or keyhole surgery on the side of their tummy. This depends on how urgent the surgery is and the doctor making the best choice for bub.





A follow up appointment will be made before you leave the hospital.

If bub is in pain give them paracetamol or ibuprofen.

#### **Paracetamol (Panadol)**

Given at:

Next dose at:

No more than 4 times in 1 day see packet instructions



Ibuprofen (Nurofen)

Given at:



Next dose at:

No more than 3 times in 1 day see packet instructions

#### **Other medications**

Give antibiotics if directed - see packet instructions.

Antibiotics given at:

Next dose to be given at:

## After surgery



Normal food and lots of water



No sports for 2 to 3 weeks just gentle walking and slowly do more activities



Bath and shower normallypat dry the Steri-Strips. Do not pick them off, they will fall off.



Watch bub for signs of constipation - fluids can help with this



Bub may say their shoulder hurts, use a heat pack this might help with pain

# Looking for signs of infection



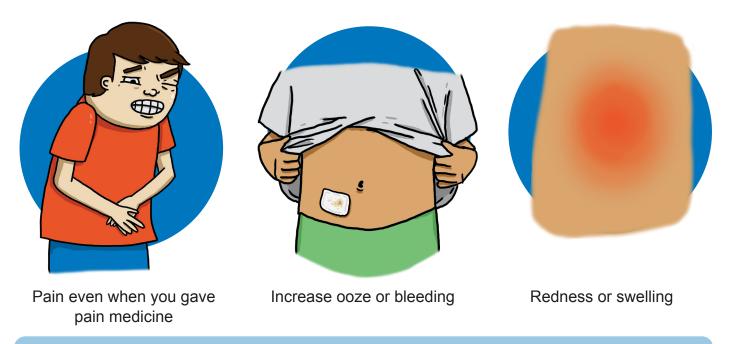
Temperature of 38°C or higher





Vomiting

Diarrhea or runny tummy



If you see any of these signs or have concerns please call the **hospital on 6456 2222** and ask to be put through to **Ward 2B**, or see your GP or health clinic.



Government of Western Australia Child and Adolescent Health Service

This document can be made available in alternative formats on request for a person with a disability.

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**Disclaimer:** This publication is for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.

 $\ensuremath{\textcircled{}}$  State of Western Australia, Child and Adolescent Health Service.