

Burn dressing information

Mepilex® (Lite, Border-lite)

Mepilex is silicone foam dressing used to treat burns. Mepilex provides a moist wound healing environment by absorbing wound fluid.

The silicone layer on the foam (Safetac®) helps minimise pain during removal of the dressing.

How frequently is Mepilex changed?

The frequency of dressing changes will be determined by your child's doctor or nurse. Mepilex dressings may be left in place for up to three days.

Who shouldn't use Mepilex?

The dressings should not be used on people who are silicone sensitive.

How do I care for the dressing?

The dressing must be kept clean, dry and in place as directed by your child's doctor or nurse. If the dressing is accidentally removed, or becomes wet or dirty, please phone PCH Ward 1B on 6456 3630 as soon as possible to organise a new dressing.

What do I need to look for?

Infection in burns patients can be very serious and must be treated urgently. Observe your child and the wound/dressing site frequently.

Phone PCH Ward 1 on 6456 3630 immediately if any of the following symptoms occur:

- a temperature below 35.5 degrees or above 38 degrees
- a rash, increased pain, redness or swelling at the wound site
- changes in behaviour such as poor appetite, sleep disturbances, lethargy (quiet or lack of energy) or flat mood
- excessive ooze/wound fluid (though a small amount is expected)
- offensive odour.

This document can be made available in alternative formats on request for a person with a disability.

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