

Enucleation

Discharge advice

What is Enucleation?

Enucleation is the surgical removal of an eyeball.

Pain control

- Give paracetamol or ibuprofen for pain if required - see manufacturer's instructions.
- Next dose can be given at _____.

Directions

- Normal diet and fluids.
- Avoid submerging face in water during bath time.
- The conformer is a small plastic shell used to maintain the shape of the eye socket while waiting for the artificial eye. This is used to shape the eye socket.
- The conformer that is to be left in the eye socket at all times.
- Apply eye ointment and give oral antibiotics as prescribed.
- Always wash hands before touching the eye area or conformer.
- The artificial eye will be fitted at six to eight weeks post-operation.

Signs of infection

- Observe wound/s for increase in:
 - swelling
 - redness
 - increasing Pain
 - temperature
 - excessive ooze (blood or pus).
- If these signs occur please seek medical advice as soon as possible.

Daily activity

Activity as discussed with your eye doctor.

Review

Follow-up appointment will be arranged prior to discharge.

Contact details

If you have any concerns after discharge please phone the hospital on 64562222 and ask to be transferred to Ward __, or alternatively call your GP.

This document can be made available in alternative formats on request for a person with a disability.

Child and Adolescent Health Service

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Child and Adolescent Health Service

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