



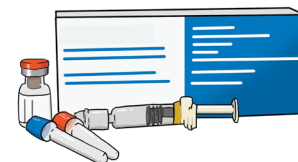
## Keeping our mob healthy

### Vaccines

# Influenza (flu)

### What is influenza (flu)?

Influenza, or “the flu”, is caused by a virus that affects the nose, throat and lungs and can easily spread within families, schools, day care and the community.



### Symptoms of the flu:



Fever



Cough or noisy breathing



Nausea and vomiting



Diarrhoea



Headache, muscle aches, tiredness



Sore throat and runny nose



Loss of appetite or poor feeding



Irritability

### How serious is the flu for children?

- 1 in 3 children who catch the flu go to hospital.
- The influenza virus strains changes every year -that's why having the flu vaccine each year is important.



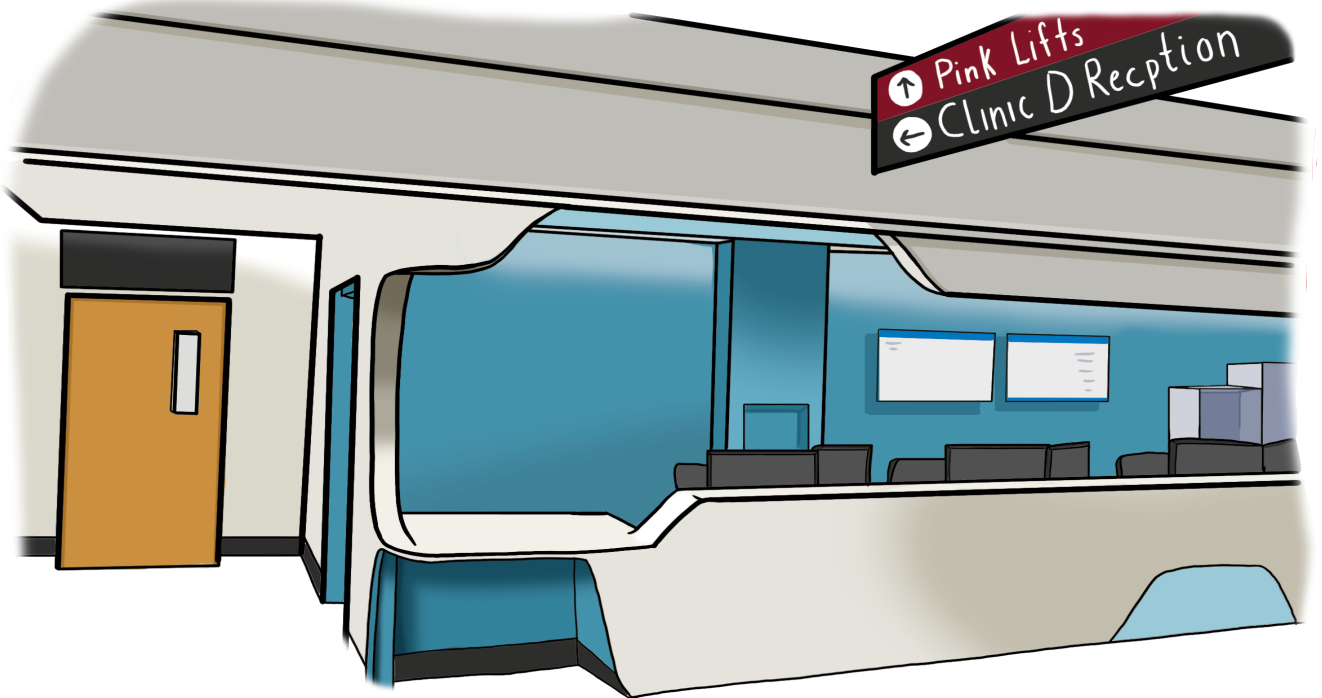
## Good to know

- To build bubs immunity they should have the yearly flu vaccine from 6 months of age.
- Visit [www.aefican.org.au](http://www.aefican.org.au) or [www.ausvaxsafety.org.au](http://www.ausvaxsafety.org.au) for vaccine safety monitoring information on WA immunisations.
- You can check out the Healthy WA website at [ww2.health.wa.gov.au](http://ww2.health.wa.gov.au) for more vaccine information.

**The flu vaccine is FREE for Aboriginal and Torres Strait Islander people, from 6 months of age onwards.**

## Where get the flu vaccine?

Visit the PCH Stan Perron Immunisation Centre, Level 1, Clinic D, from 8.30am to 4.00pm. If you have any questions please call **6456 3742**.



## Western Australian Aboriginal Immunisation Schedule

Scan the QR code to access the Western Australian Aboriginal Immunisation Schedule.



Government of Western Australia  
Child and Adolescent Health Service

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