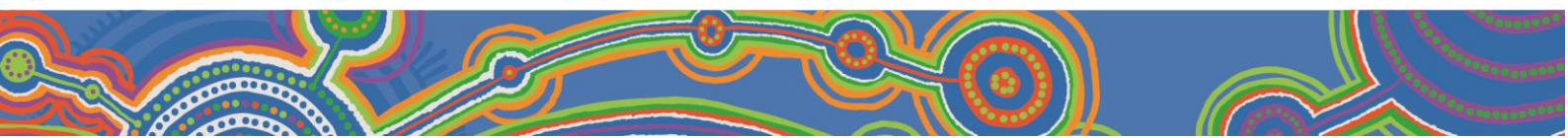




Differences between paediatric and adult healthcare

	Paediatric services	Adult services	Helpful hints
Independence and self-management	Questions are more likely to be directed at your parents/carers	Questions are directed at you and you're expected to know all about you	If you're unsure about your health, condition or treatment don't be afraid to ask. Write your questions down. Be confident and honest.
	Your parents/carers book appointments for you	You book and keep track of your own appointments	Book your appointments well in advance. Ring and reschedule if you can't make it.
	You are on your family's Medicare, healthcare and health insurance accounts	Get your own Medicare card (or a copy of your family card)	Visit www.humanservices.gov.au for information how
	Your parents/carers may take you to all your appointments	You may need to travel on your own	Allow plenty of time to get to your appointment
	Your parents/carers may arrange things about your care for you – scripts, consumables, servicing of equipment	You will be expected to manage your healthcare and take responsibility for your own medical supplies	Strive to be independent but keep your parents/carers informed to a degree that you are comfortable with



	Paediatric services	Adult services	Helpful hints
Information	Doctors give information and use language that you can understand. If you don't understand you can ask your parents.	Adult services should use language that you understand. You may see a different doctor each time.	If you don't understand something a doctor tells you, ask them to explain it to you. Be clear about how they can help you.
Environment	CAHS is familiar to you and you know your way around. You will mainly have children and young people around you.	Adult services will be new and unfamiliar - ask someone for directions until you're familiar. You will mainly have older people around you.	Visit and familiarise yourself with the new health service before you transition
Links to services	You may have been linked to services just within CAHS	You are more likely to be referred to services in several different places	Request referrals to services as close to home as possible
Costs	Most services in CAHS are free	Adult services charge extra for items like equipment and medication. Consumables aren't provided by adult services.	Be aware of any extra costs. Understand what financial support you can get and have it in place prior to transition.



Government of **Western Australia**
Child and Adolescent Health Service

Child and Adolescent Health Service
15 Hospital Avenue, Nedlands, WA, 6009. Telephone:
(08) 6456 2222
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This document can be made available in alternative formats on request for a person with a disability.

Disclaimer: This publication is for general education and information purposes. Contact a qualified healthcare professional for any medical advice needed.
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