



# Attending your appointment via video call

## Community Health

## Where do I go to attend my appointment?

To attend your appointment, follow the link provided in the email or SMS we sent you.

#### What do I need?

- A good connection to the internet. If you can watch a YouTube video online, then you can make a video call.
- ✓ A private, well-lit area where you will not be disturbed during the appointment.
- One of these:
  - Google Chrome (preferred), Safari or Firefox web browser on a desktop or laptop, or on an Android tablet or smartphone.
  - An iPad or iPhone.
- Web-camera, speakers and microphone (already built into laptops and mobile devices).

#### Is it secure?

Video calls are secure and your privacy is protected. You have your own private video room that only authorised clinicians can enter.

#### How much does a video call cost?

The video call is free (except for your internet usage).

### How much data will I use?

- You don't use any data while waiting for a clinician to join you.
- A 20-minute video consultation uses far less data (about 230MB on a mobile and 450MB on a desktop) than a YouTube video in High Definition.
- Lower-speed internet connections, and less powerful devices use even less data. However, this may affect the quality of the call.
- Data use increases if there are more than two people in the call.
- If you can, use a Wi-Fi network to avoid using your mobile data allowance.



Healthy kids, healthy communities

## Attending your video call appointment

- 1. Follow the link we sent you in the email or SMS message.
- 2. On the webpage, click the 'Start video call' button
- 3. Enter your child's name and your mobile number when prompted, then click 'Continue'
- 4. Wait in your own private video room. Music will play while you wait.
- 5. Your Community Health Nurse will know you are waiting, and will join you in the video room when they are ready.

## What if something isn't working?

Visit help.vcc.healthdirect.org.au for information and troubleshooting guides.