Play and Learning 14

Play ideas

Books

- Lift-the-flap book
- Touch-and-feel books
- Sound books
- Homemade books
- Toys and puppets with books

Art and craft

- Water painting
- Magnetic drawing board
- Blackboard and chalk
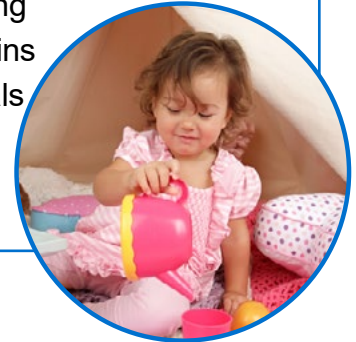- Cutting and gluing
- Stamps and stickers

Messy play

- Playdough
- Sand and mud play
- Water play
- Bubbles
- Finger painting

Pretend play

- Dolls and teddies
- Tea party and cooking
- Cars, planes and trains
- Farm and zoo animals
- Dress ups

Active play

- Run, jump and climb
- Boxes and cubbies
- Bats and balls
- Balloon play
- Walk or ride to the park

Puzzles and games

- Shape puzzles
- Home made puzzles
- Matching pictures
- Taking turns
- Memory games, picture lotto

Around the house

- Sweeping and vacuuming
- Wiping the table
- Gardening and watering
- Help with hanging up clothes
- Packing away

Making things

- Threading large beads
- Plastic building blocks
- Home made blocks
- Recycled boxes
- Hammer board

Play without toys

- Action songs and dancing
- Peek a boo, hide and seek
- Clapping games
- Copy me games
- Turn off screens

In the community

- Playgroups and child care
- Parks and nature play
- Library and story time
- Toy library
- Picnics

Other ideas

Find out more

For more information on play, learning, and a range of other topics, visit:

- playgroupwa.com.au
- raisingchildren.net.au
- bringingupgreatkids.org
- cahs.health.wa.gov.au/childhealthresources

For more information about the metropolitan **Child Development Service** phone 1300 551 827 or visit **cahs.health.wa.gov.au/childdevelopment**

This document can be made available in alternative formats on request for a person with a disability.