



## GUIDELINE

# Infant Monitoring Clinic Referral Process

<b>Scope (Staff):</b>	Nursing and Medical Staff
<b>Scope (Area):</b>	NICU KEMH, NICU PCH, NETS WA

### Child Safe Organisation Statement of Commitment

CAHS commits to being a child safe organisation by applying the National Principles for Child Safe Organisations. This is a commitment to a strong culture supported by robust policies and procedures to reduce the likelihood of harm to children and young people.

This document should be read in conjunction with this [disclaimer](#)

## Infant Monitoring Referral Eligibility

- Patients under six months of age.
- Loaning of the monitor is temporary and must be returned by 12 months of age if not sooner.
- Not suitable for long term indications such as lung disease, seizures, cardiac conditions or “complex” patients. Alternative monitoring options are available for these patients.
- Monitor should be used predominantly in sleep.
- Most common indications are BRUE (Brief Resolved Unexplained Event), ex-premature infant with events, sibling of a previous SIDS, Pierre Robin Sequence.

## Before discharge:

- If an infant is identified to need a home monitor, the case will need to be discussed with the on call monitoring clinic Consultant prior to an e-referral submission. The Consultant is available via PCH switchboard on 6456 2222.
- Once the patient has been accepted an outpatient e-referral is to be completed
  - Infant Monitoring Clinic.
  - Site: Perth Children’s Hospital
  - Unit: General Medicine (GMED)/Infant Monitoring Clinic (GMIM)
  - Responder: Accepting Consultant

- Infant Monitoring Clinic Nurses can arrange the monitor and supply of equipment. Alternatively the 3B CNS and CNC can facilitate monitor and supply when no monitoring nurse is available.
- The Infant Monitoring Clinic will be responsible for providing education to parents/carers regarding use of the monitor. It is advisable to have the appointment and education as close to discharge as possible. If no monitoring clinic nurse available the 3B CNS will arrange for education.
- Three weeks supply of consumables and the home monitor will be given to the parent's/carers by hospital staff.
- PCH/KEMH nursing staff will provide CPR education to the parents/carers prior to discharge.

### PLEASE NOTE:

- **An appointment will be booked with the Infant Monitoring Clinic approximately 4 – 6 weeks post discharge of the patient.**
- Monitors are warning devices only.
- The monitor can be connected by the parents/carers to the patient for mother crafting and use in the ward for education purposes.


### Useful resources (including related forms)

[PCH Infant Monitoring Clinic](#)

[PCH Health Facts – Infant Monitoring Clinic](#)

[Infant Monitoring Clinic – Home Use Guide](#)

This document can be made available in alternative formats on request.

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